

Longview Lake Cycling Event

June 18- 20, 2010

Parents,

Please review the map of the area in which we will be riding this weekend. Saturday's ride will entail riding a 10 mile route around Longview Lake on **open city streets with traffic** (Map Attached). The route is generally flat with some hills. Please check your son's bike to ensure it is road worthy and capable of being safely ridden at least 10 -15 miles.

If time allows we will also ride the paved Bike/Hike path through Meadowmere and Longview Lake parks (approximately 15 miles).

Unpaved trails around the campsite will also be available for the boys to ride during free time.

These rides, especially on city streets, will be adult supervised and your son will be expected to follow all safety rules and instructions of the adult riders. So you are aware of what is expected this weekend, and any other times we may be riding, **please read the attached "BSA Bicycling Safety Guidelines" and "Rules of the Road"**.

***NO tricks or stunts will be allowed during the weekend,
or any other time during the Cycling Merit Badge course***

Helmets, Helmets, Helmets!!

The use of a certified helmet will be strictly enforced. Failure to wear a helmet when on the bicycle will result in loss of riding privileges for the weekend.

An ANSI or Snell certified helmet is required for ALL cycling activities (BSA Policy). Again, the boys are expected to wear a helmet anytime they are on a bike.

Other Equipment.

A water bottle. Each rider shall safely carry with him, enough water to make it through a 10 mile ride (approximately 1- 1 1/2 hr riding time).

Patch Kit or Inner Tube. Each rider should carry a patch kit or spare inner tube should he need to fix a flat if necessary .

Identification. Personal ID of some kind should be attached to the cyclist bike. The serial number of the bike should be recorded and kept in a safe place.

If you have any questions about the ride this weekend, or of the requirements of the Cycling event, please call me at 260-9928

Reggie Kelch
Cycling Merit Badge Counselor

***I Acknowledge that _____ is in good physical health *,
and has my permission to participate in the Bicycling activities this weekend (June
18, 19, 20). I have reviewed with my son, the attached "Safety Guidelines" and
"Rules of the Road" and he understands what is expected as a safe rider.***

Signed _____

**Please notify the troop leader or merit badge counselor if any medical concerns exist. Please be sure an up to date health form is on record with the troop.*

(Optional) Record Bike Serial Number Here _____